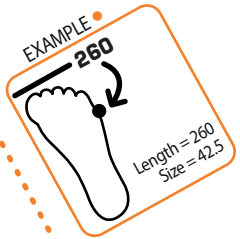


14	50	310
13	49	305
12.5	48	300
12	47	295
11.5	46.5	290
11	46	285
10.5	45	280
10	44.5	275
9.5	44	270
9	43	265
8.5	42.5	260
8	42	255
7.5	41	250
7	40.5	245
6.5	40	240
6	39	235
5.5	38	230
5	37	225
4.5	36	220
4		

BONT EURO MM



MEASURE YOUR FOOT

with our size guide

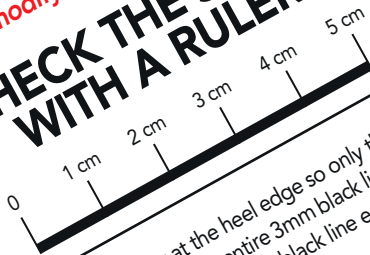
MEASURE IN MILLIMETRES
CHECK SIZE CHART FOR WIDTH RECOMMENDATION

1. Check the scale of your size guide.

SCALE CHECK

Print this page at 100%.
Do not modify the content in any way.

CHECK THE SCALE WITH A RULER

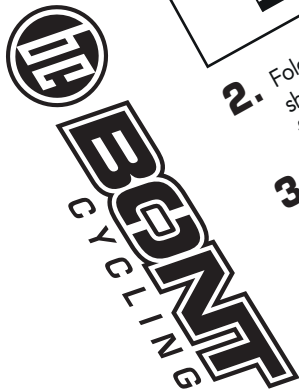


2. Fold the paper at the heel edge so only the black line is showing. Check the entire 3mm black line is visible after folding and place the flat black line edge against a wall.

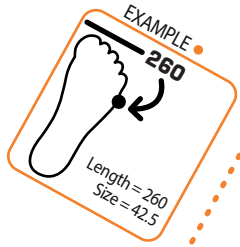
3. Place your right foot on top of the paper with your heel lightly touching the wall.

4. Plant your foot firmly on the ground and slowly roll your weight forward and onto the forefoot. Allow your foot to lift off the ground slightly. Look down and mark the position of your longest toe and widest point of foot.

5. Check Bont Cycling size and width recommendation.



Fold and against wall



310	50	14
305	49	13
300	48	12.5
295	47	12
290	46.5	11.5
285	46	11
280	45	10.5
275	44.5	10
270	44	9.5
265	43	9
260	42.5	8.5
255	42	8
250	41	7.5
245	40.5	7
240	40	6.5
235	39	6
230	38	5
225	37	4.5
220	36	4
MM	EURO	BONT

MEASURE IN MILLIMETRES
CHECK SIZE CHART FOR WIDTH RECOMMENDATION

MEASURE YOUR FOOT

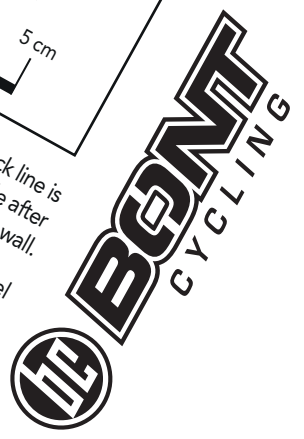
with our size guide

1. Check the scale of your size guide.

SCALE CHECK
Print this page at 100%. Do not modify the content in any way.

CHECK THE SCALE WITH A RULER

2. Fold the paper at the heel edge so only the black line is showing. Check the entire 3mm black line is visible after folding and place the flat black line edge against a wall.
3. Place your left foot on top of the paper with your heel lightly touching the wall.
4. Plant your foot firmly on the ground and slowly roll your weight forward and onto the forefoot. Allow your foot to lift off the ground slightly. Look down and mark the position of your longest toe and widest point of foot.
5. Check Bont Cycling size and width recommendation.



Fold and against wall